



DUNCAN
AVIATION

Utah Valley Activities

RESTAURANTS

- **Communal Restaurant**
www.communalrestaurant.com
Featuring locally sourced, seasonal foods served at shared tables
- **Sundance**
www.sundanceresort.com
The Owl: casual with sharing-sized portions of bar food
Foundry Grill: encourages reservations, serves an array of old favorites with new twists on breakfast, lunch, and dinner
Tree Room: upscale, four-star restaurant that has also received the Wine Spectator Award of Excellence. Reservations are required, and children under age 12 are not permitted
- **Slate**
www.marriott.com/hotels/travel/slcvo-provo-marriott-hotel-and-conference-center
American cuisine and hand-crafted cocktails; accommodates food restrictions and allergies
- **Black Sheep**
www.blackssheepcafe.com
Southwestern and Native American cuisine, upscale dining, and a full bar
- **Magelby's**
www.maglebys.com
Upscale surf and turf, serving Prime-grade cuts
- **Strap Tank Brewery**
www.straptankbrewery.com
Locally sourced foods paired with locally crafted beers
- **Alfred Beuford Gifford's Libation Emporium, aka ABG's**
www.abgsbar.com
Tasty pub fare: burgers, sandwiches, wings

OUTDOOR ACTIVITIES

- **Spring Skiing in Park City**
Park City www.parkcitymountain.com
Deer Valley www.deervalley.com

- **OHV (off highway vehicles) & Off Road**
www.visitutah.com/things-to-do/motorized-off-road
- **Winter Skiing & Boarding**
www.skiutah.com
- **Cross Country/Nordic Skiing**
www.utahnordic.com
- **Hiking near Provo**
www.utah.com/hiking/provo-trails
- **Golfing**
www.utahvalley.com/things-to-do/outdoor-recreation/golf-courses/
- **Mountain Biking**
www.utahmountainbiking.com/trails/idx-utv-Provo.htm
- **Multi-Use Trails**
www.alltrails.com/us/utah/provo
- **Fishing**
www.provo.org/community/outdoor-activities/fishing-in-provo

ARTS & CULTURE

- **Sundance Film Festival**
www.sundance.org
- **The Tabernacle Choir**
www.thetabernaclechoir.org
- **Tulip Festival**
www.thanksgivingpoint.org/events/tulip-festival
Mid-April through early May
- **The Leonardo**
<https://theleonardo.org>
- **Natural History Museum of Utah**
www.nhmu.utah.edu
- **Utah Museum of Fine Art**
www.umfa.utah.edu
- **Utah Museum of Contemporary Art**
www.utahmoca.org
- **Alpine Community Theater**
www.alpinecommunitytheater.org

- **BYU Arts**
<https://arts.byu.edu>
- **Utah Valley Symphony**
www.utahvalleysymphony.org
- **SCERA Shell Outdoor Theatre**
www.scera.org

NIGHTLIFE

- **Park City**
www.visitparkcity.com/eat-and-drink
150 restaurants and bars, art museums, films, concerts, antique shops, spas, and wine tours
- **Dry Bar Comedy**
www.drybarcomedy.com
- **Heart & Seoul Karaoke**
www.provokaraoke.com
- **Timpanogos Tavern**
www.facebook.com/OfficialTimpTavern
- **Strap Tank Brewery**
www.straptankbrewery.com
- **Alfred Beuford Gifford's Libation Emporium, aka ABG's**
www.abgsbar.com

SPORTING EVENTS

- **Utah Jazz NBA Basketball**
www.nba.com/jazz
- **Real Salt Lake Major League Soccer**
www.rsl.com
- **Salt Lake Bees Triple-A Baseball**
www.milb.com/salt-lake
- **Utah Grizzlies EHCL Hockey**
www.utahgrizzlies.com/schedule/games
- **Brigham Young University**
www.byucougars.com
- **Utah Valley University Wolverines**
www.gouvu.com
- **University of Utah Utes PAC-12 Athletics**
www.utahutes.com